

INSTRUCTIONS FOLLOWING THE DELIVERY OF YOUR NEW CROWN OR BRIDGE

The information that follows will help to improve the longevity of your new restoration.

-The cement that your crown or bridge has been seated with requires 24 hours to reach its maximum strength. For the next hour do not chew anything. After that, you may chew, but only on the opposite side of you mouth.

-Do not floss around your crown or bridge today, but tomorrow and each day thereafter, it is extremely important that you do floss.

-If your crown or bridge feels high after you leave, please call us, we will need to have you return to adjust your bite.

-You need to be aware of the importance of good dental homecare. It will be mandatory to keep up on your brushing and flossing in order to prevent tooth decay. Even though your tooth may have a crown, the tooth below the crown margin is still capable of decaying. Regular exams and good homecare will help to prevent this.

-You may have some cold sensitivity for up to a week after crown has been cemented. If sensitivity remains for more than a week, please call our office.

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