

## **INFORMATION ABOUT YOUR COMPOSITE FILLING**

The restoration just completed does not require additional time for hardening, however, there are a few instructions:

-Even though no time is needed for hardening, it is still wise to refrain from eating until the anesthetic has worn off to prevent biting your cheek, lip, or tongue.

-For the next hour, please do not drink anything that may stain your teeth, i.e. coffee, tea, or grape juice.

-Some cold sensitivity may be present following this procedure. If this sensitivity lasts longer than two weeks, please call our office.

-If your tooth feels high or altered after your numbness wears off, please call our office right away.

If you have any problems or concerns, please contact our office.

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